

Dr. Rhonda Smith

Leadership • Relationships • Results



"I don't look like what I've been through, and I have GOD to thank for that!"

Presentation Topics:

Substance Abuse Disorder

(SUD) is complex a condition in which there is uncontrolled use of a substance despite harmful consequence. People with SUD have an intense focus on using a certain substance (s) such as alcohol, tobacco, or illicit drugs, to the point where the person's ability to function in day-to-day life becomes impaired.



Toxic Relationships:

A toxic relationship is one in which there is no shared desire for each other's happiness, wellbeing, and growth. Toxic relationship traits include insecurity, self-centeredness, dominance, control, and fear for one's safety. Toxic relationships usually happen between a codependent and a narcissist.

Author, Recognizing the Love Trap, Stop the Storm Now, The Wait of Success



Dr. Rhonda Smith has long been an advocate for women empowerment. She has witnessed an increased incarceration of women due to drugs and toxic relationships. With her compassion and committee, she helps them develop, self-esteem, self-love, and self-worth. These skills prepare them to return to society and reduce recidivism.



Please click link to watch video
<https://youtu.be/V2Vew-6qUsY>

She is the Owner & CEO of both Renewed Health Care Services and Divine Core Transformation. Dr. Rhonda has authored and published two books, "Stop the Storm Now, Rise and Walk into Your Divine Purpose!", and "Recognizing the Love Trap." She also is the author of Divine Core Transformation, Self-Love Breakthrough to a New you! Published by Covenant Books. Rhonda serves as a member of the Board of Ohio Reentry Program for Ex-Offenders, she's a volunteer at the Dayton Correctional Institution and is a member of the Dayton, Ohio chapter of The Links, Incorporated.

Dr. Rhonda's passion is women's health, and she enjoys helping restore women to wholeness. In her current practice, she coaches many women from abusive and toxic relationships.

Her motto is, "I don't look like what I've been through, and I have GOD to thank for that!"

Dr. Rhonda Smith helped me to understand about trauma attachment and trauma bonding. The law of attraction is when two broken people are magnetically connected. In my relationship, I was codependent.
Tammy Richardson

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