Karen Carter

Faith • Resilience • Hope



Karen's journey is founded in faith, fueled with laughter

Presentation Topics:

Leveraging The Power of H.O.W.

- 1. **H.O.W**. to accept the stories of your life and choose to hear God's calling
- 2. **H.O.W.** to find self-worth amidst the shroud of shame.
- 3. **H.O.W.** to run fearlessly.
- 4. **H.O.W.** to look your past in the face, make peace with it and use it to help build a future for you.

Rerouting to Reach Your Dreams: When Life's GPS Takes you on a Wild Ride Karen Carter has encountered and survived more orange barrels on her personal journey than she ever could have imagined. She will share H.O.W. she has received the gifts of strength, humility, and purpose and found the courage to dream, believe and achieve again.

Torment to Mentor: How God Prepares us for our Purpose Karen will share real life examples of Faith in action. You will laugh and cry and leave filled with hope. You will learn that you are not alone. Life did not happen to you, it happened for you.

Karen's journey is founded in faith, fueled with laughter and full of experiences most see as too much to survive, and yet she has. From tales of tragedy, she provides a roadmap of resilience and hope.



Available For: Keynotes/General Sessions, Retreats,

Karen's daughter was diagnosed with cancer and in that moment, everything changed. The years that followed would deliver layers of anguish, joy, laughter, heartache, and loss. These bruises and scars etched into her heart remain as a testament to the truth that sometimes bravery is revealed in the naked exposure of ourselves rather than in the high performance of corporate success. Karen provides a window into the courage of the heart - the soft strength beneath the armor - and gives all of us permission to live our truth as it presents itself.

Karen's story inspires us to humble ourselves, receive God's grace and open our hearts to the life and purpose he has created within us. Providing both spiritual and practical tools to overcome life altering experiences, her message is one of resilience, reminding us that faith can carry us through.

Her whole story was inspiring! Realizing the lessons, she shared on humility was so important and meaningful.

Ann Riegle-Crichton, Executive Director

Empowering! Motivational! Inspiring! Karen's tools will help me to not be afraid to fail but to keep trying and moving forward.

Erica Clark, Founder and CEO