

# LOIS ELRICH, PCC

*A Visionary  
An Overcomer*

*Lois Offers Genuine Transformational Results*



- *Keynote Speaker*
- *Coach /Trainer*
- *Leadership Retreats*
- *Women C Suites*



## *Communications Styles:*

Enhance workplace and personal communication skills. Discover tools to initiate challenging conversations, comprehend a behavioral communication model, and adapt your communication style for better relationships.

## *Topics:*

**Crucial Conversations** - Navigate high-stakes, emotional dialogues effectively • **Imposter Syndrome** - Conquer self-doubt and fear of inadequacy • **How Women Rise** - Explore the 12 habits inhibiting women's progress in leadership.

## *About Lois*

Lois Elrich is a multifaceted individual whose revelation came when she recognized the limitations of her thinking and the unhelpful nature of her internal dialogue. Her life's journey is a testament to the transformative power of coaching and personal growth. Author, leadership coach, entrepreneur, founder, and facilitator, she draws on her own experiences to empower her clients to address the core issues holding them back. Lois is the president and co-founder of Solid Blend Technologies, Inc, a water management company for healthcare facilities, which was recognized as one of the Best Places to Work.

Watch: <https://www.youtube.com/watch?v=DJKQCuR3qV4>

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